# **Defibrillator & CPR training**

#### Advice regarding defibrillators

1. How is the defibrillator deployed?

When the ambulance service receives a 999 call which relates to an unconscious casualty who may be in cardiac arrest they will inform the 999 caller of their nearest AED site (as long as they fall within the 1 mile radius) and will give the exact location of the AED site. The AED will be collected by the caller. If you are on your own with the patient, you will not be sent to fetch the defibrillator, but stay doing CPR until help arrives. Also if an ambulance is close enough to the incident and can get there faster than you would be able to get to the defibrillator and back, you will also not be sent to the defibrillator. This does not mean the defibrillator is not available or not registered, just not appropriate to the situation.

#### 1 mile radius of phone box on Church Street:



### 2. Where can an outside defibrillator be fitted?

A cabinet can be fitted to the external wall of any building such as a Public House, shop, village hall, community centre, telephone box etc. The only point that needs to be considered is that it is easily accessible, well illuminated, has access to an electrical power supply and that there is room to park safely in the event that a person has to drive to collect the defibrillator. **Note:** an

electrical supply is no longer always required as insulated cabinets are now available that prevent the pads from freezing.

3. How many defibrillators are there currently in Stradbroke?

There are at least 7 as listed below:

- 1. Phone kiosk: 24/7
- 2. Fire Station: 24/7
- 3. BQP New Street: 24/7
- 4. Leisure Centre: when open
- 5. C E Davidsons Pixey Green: shown as 24/7
- 6. Primary School: when open
- 7. High School (not confirmed): when open

## 4. Options available for consideration:

- a) The Parish Council purchases and installs another community defibrillator and insulated box and sites it in a location that is easily accessible, with lighting and car parking, such as Westhall.
- b) The Parish Council liaises with the primary school to find a way to make their defibrillator accessible 24/7, for instance by purchasing a cabinet for them that can be installed in an easily accessible area of the school grounds. The school could then register the device as available 24/7.
- 5. Approximate costs:

This will vary by location and type of AED/Cabinet, approximate costs are shown below:

- 1. AED defibrillator £1000
- 2. Cabinet:
  - a. Heated £500-£600
  - b. Insulated £500
  - c. Installation cost will depend on location
- 3. Replacements pads £75 (when used, or every 18 months)
- 4. Battery £200 (battery replacement every 4 years)

### CPR / 1<sup>st</sup> Aid training:

As the Parish Council is registered with Community Heartbeat Trust they offer the following training.

CPR community training:

- Legal position of defibrillators
- How to recognise CSCA
- Liaison with the ambulance service
- Undertaking CPR
- Using the defibrillator
- Handover to paramedics
- Post rescue strategies.

Cost: £175 for up to 50 people

If there are too many people wishing to attend to hold the training in the Court House, then a hire fee to the Community Centre may also need to be paid.

Funding of £100 towards the training is available from the Health Centre.

**Recommendation**: The Parish Council puts a notice in the Stradbroke Monthly to determine the likely numbers of residents wanting to undertake any training, this will allow the Councillors to plan the best way forward.